

2023 AWMAI Conference



Friday

February 24, 2023

TIME	Commodore	Harbor	Spinnaker	On Your Own
8:00 - 9:00 am	<i>Teacher Meeting</i>			<i>Registration & Check-in Lobby</i>
9:00 - 9:45 am	Opening Welcome Introductions			
10:00 - 10:45 am	Sunny Graff Yes and..... We Are Back!!			
11:00 am - 12:30 pm		Gin Yang Getting to the Core of It!	Sheryl Hager Kids Just Want to Have Fun	
12:30 - 2:00 pm	Buffet Lunch All Attendees			
2:00 - 3:30 pm		Kat Long Rapid Response Drills	Lauren Taylor Creating a Trauma-Competent Classroom	
3:45 - 5:15 pm		Jennie Trower Marketing - TITLE TBD	Diane Wallander Teaching Martial Arts To Special Needs Students	
5:30 - 6:30 pm			Member Meeting All invited	
6:30 pm				<i>Dinner on your own</i>

Legend	Master Workout: Wear uniform	Moving Classroom: Wear uniform Bring pen/notebook	Lecture/Discussion: Bring pen/notebook	Early Morning Workout: Wear comfy clothes
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2023 AWMAI Conference



Saturday

February 25, 2023

TIME	Commodore	Harbor	Spinnaker	On Your Own
7:00 - 8:00 am		Helen Yee Chigong	Zosia Gorbaty Walking Cane <u>Beach</u> Workout	
8:00 - 9:15 am				<i>Breakfast on your own</i>
9:15 - 10:45 am		Amelia Jones Have Fun Teaching Mindfulness	Koré Grate Keeping the Teacher Teaching	
11:00 am - 12:30 pm		Odette Russell Clothing Used for Self- Defense	Terri Giamartino Creating a Financially Viable School	
12:30 - 2:00 pm	<i>Buffet Lunch All Attendees</i>	<i>Space available for demo practice</i>		
2:00 - 3:30 pm		Restita DeJesus Flow n' Grow Partner Drills	Lauren Taylor Overcoming Internalized Barriers to Self-Defense	
3:45 - 5:00 pm		<i>Demonstration</i>		
5:30 - 6:30 pm		<i>Social/Free Time No Host Bar</i>		
6:30 - 9:30 pm	<i>Banquet & Hall of Fame Presentations</i>			

Legend	Master Workout wear uniform	Moving Classroom wear uniform bring pen/notebook	Lecture/Discussion bring pen/notebook	Early Morning Workout wear comfy clothes
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2023 AWMAI Conference



Sunday

February 26, 2023

TIME	Commodore	Harbor	Spinnaker	On Your Own
7:00 - 8:00 am		Sunny Graff Fit, Functional, Flexible	Restita DeJesus Chan Ssu Jin: Silk Reeling Energy Flow	
8:00 - 9:15 am				<i>Breakfast on your own</i>
9:15 - 10:45 am		Sheryl Hager Inside, Outside, Upside, Downside, Forward and Reverse	Amelia Jones Acupressure Healing Circle	
11:00 - 11:45 am	Conference Closing Final Raffle			
noon	<i>Hotel Checkout</i>			

Legend	Master Workout wear uniform	Moving Classroom wear uniform bring pen/notebook	Lecture/Discussion bring pen/notebook	Early Morning Workout wear comfy clothes
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